



Week Three “walk”

AMX CAFE

- 9:35a Total Group Intro
- 9:45a Small Groups
- 10:00a Total Group Activity
Prayer Walk
- 10:20A Home Run
- 10:30a Close

PRAYER WALK

Purpose of Lesson: to assist each student to EXPLORE the importance of Hearing God through practicing conversation in different ways with God.

Biblical Reference: Matthew 14:23, Mark 1:35, and Luke 5:33

TOTAL GROUP INTRO [5-10min]

Opening:

- 📺 **Video:** “A New Perspective” from *Love Happens*
- 📺 **Video:** “I Surrender” from *Bruce Almighty*

Sometimes prayer requires us to get away from our normal surroundings....

SMALL GROUPS [15min]

DISCUSS

- ☑ Have students read Matthew 14:23, Mark 1:35, and Luke 5:33 (assign each student one or two verses from these references so that more students participate, as well as develop familiarity with the bible)
- ☑ Ask: “What do these verses have in common?”
- ☑ Ask: “Why do you think Jesus sometimes walked along the hills and forests to pray?”
- ☑ Ask: “What do you think Jesus prayed about?”
- ☑ Ask: “What can you learn about how to pray from these verses?”

TRANSITION – return quietly to Student Center and have group sit together for activity

TOTAL GROUP ACTIVITY [10min]

- FOCUS on Jesus’ prayer for disciples – John 17:1-26
- Jesus’ example is to pray for others.
- A unique technique that we can use to pray for others - PRAYER WALK
- How do I do a Prayer Walk?
 - Alone Time [Matthew 14:23; Mark 1:35 & 6:46]
 - Choose a Location/Destination (*like XN pilgrimages*)
 - **ASK:** Where in New Bern would be a good place to pray for? *church, school, neighborhood, a place to be alone*
 - Pick people to pray for
 - **ASK:** Who are people we could pray for, in general? *Teachers, parents, family, friends, Christians, enemies*
 - Pray against “the Evil One” [2 Cor 10:3-4, Eph 6:12,18]
- USE LIST – have students use the list they have written in small groups.
- Send students outside for prayer walk (state boundaries)
- **Return in 10min** for Total Group Wrap Up and reflection

Matt 5:44
Luke 6:28

HOME RUN - TOTAL GROUP REFOCUS [10min]

- What did you experience during your PRAYER WALK? What does it feel like to pray for others? What are things you think about when you pray for others?
- **NEXT WEEK** we’ll learn about and experience a PRAYER LABYRINTH

3 Hugs

We ALWAYS end every meeting we have at FUEL with hugs